Food

1 Drop = 1/72 tsp. = 0.002 oz. = 0.065 mL
1 Dash = 1/16 tsp. = 0.010 oz. = 0.308 mL
1 Pinch = 1/8 tsp. = 0.021 oz. = 0.616 mL

1 tsp. = 1/3 Tbls. = 1/64 cup = 1/6 oz. = 4.93 mL
2 tsp. = 2/3 Tbls. = 1/32 cup = 1/3 oz. = 9.86 mL
3 tsp. = 1 Tbls. = 1/16 cup = 1/2 oz. = 14.79 mL
6 tsp. = 2 Tbls. = 1/8 cup = 1 oz. = 29.57 mL
12 tsp. = 4 Tbls. = 1/4 cup = 2 oz. = 59.15 mL
16 tsp. = 5 1/3 Tbls. = 1/3 cup = 2 2/3 oz. = 78.86 mL
24 tsp. = 8 Tbls. = 1/2 cup = 4 oz. = 118.29 mL
32 tsp. = 10 2/3 Tbls. = 2/3 cup = 5 1/3 oz. = 157.73 mL
36 tsp. = 12 Tbls. = 3/4 cup = 6 oz. = 177.44 mL
48 tsp. = 16 Tbls. = 1 cup = 8 oz. = 236.59 mL

1 cup = 1/2 pt. = 1/4 qt. = 1/16 gal. = 8 oz. = 236.59 mL
2 cups = 1 pt. = 1/2 qt. = 1/8 gal. = 16 oz. = 473.18 mL
3 cups = 1 1/2 pt. = 3/4 qt. = 3/16 gal. = 24 oz. = 709.76 mL
4 cups = 2 pt. = 1 qt. = 1/4 gal. = 32 oz. = 946.35 mL
5 cups = 2 1/2 pt. = 1 1/4 qt. = 5/16 gal. = 40 oz. = 1.18 l
6 cups = 3 pt. = 1 1/2 qt. = 3/8 gal. = 48 oz. = 1.42 l
8 cups = 4 pt. = 2 qt. = 1/2 gal. = 64 oz. = 1.89 l
10 cups = 5 pt. = 2 1/2 qt. = 5/8 gal. = 80 oz. = 2.37 l
12 cups = 6 pt. = 3 qt. = 3/4 gal. = 96 oz. = 2.84 l
16 cups = 8 pt. = 4 qt. = 1 gal. = 128 oz. = 3.79 l
1 gill = 1/2 cup
1 peck = 2.33 gal.
1 bushel = 9.31 gal.

Abbreviations
gal. = gallon
l = liter
mL = milliliter
oz. = ounce
pt. = pint
qt. = quart
Tbls. = tablespoon
tsp. = teaspoon