Foods II Semester Test

NAME: Points:

Directions: Answer each statement completely.

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CAKES

- 1. List and describe the 3 types of cakes we discussed. (6 points)
- 2. List and give the purpose of each of the 7 basic baking ingredients. (14 points)
- 3. Why don't unshortened cakes need greases pans? (1 point)
- 4. What are the steps of the conventional mixing method (3 points)
- 5. What should you do to an angel food cake after baking and why? (2 points)
- 6. Why should ingredients for angel food cake be at room temperature when mixing? (1 point)

CANDY

- 7. What is the Number 1 rule when it comes to candy making? What affects this rule? (2 pt)
- 8. What are the 2 types of candies? Define each.(4 pts)
- 9. What do all cooked candies start with? (1pt)
- 10. What are the 2 recommendations for cooking candies? (2 pts)
- 11. What is the most common use of the microwave in candy making? (1 pt)
- 12. List the 4 temperature stages in candy making and define each. (8 pts)

PASTRIES

- 13. Name 3 things that can be made from pastry dough. (3 points)
- 14. List the 4 types of pies, describe each and give an example for each. (12 points)

Type of Pie 🏓		
Description 🗭		
Example 🕈		

- 15. What are the 3 essential ingredients for pastry and the purpose of each? (6 points)
- 16. What is an extra ingredient we can add and why would we add this? (2 points)
- 17. What are the 2 rules for handling pastry dough? (2 points)
- 18. What do you need to do to bake an empty pie crust and why? (2 points)

SPECIALTY DIETS

19. Describe a specialty diet, the nutritional needs of that diet, and why it is important to follow the prescribed diet. Need at least 5 sentences. (10 pts)

ASIAN FOODS

20. Write a paragraph discussing the Asian country you researched and what you learned about the culinary practices in that country. (10 pts)

LATIN AMERICA

- 21. Where is Latin America located? (2 pts)
- 22. What are 2 things that effect food? (2 pts)
- 23. What kinds of foods are more common in these areas of Mexico: (4 pts)
 - a. Coastal-
 - b. Northern-
 - c. Southern Gulf Coast-
 - d. Central-
- 24. What is Mexico's number 1 crop? Number 2? (2 pts)
- 25. What are 2 of the staple foods of South America? (2 pts)
- 26. What is the number 1 staple food in Brazil and give 2 uses for it? (3 pt)

AMERICAN HERITAGE

- 27. What are the 7 areas of American Heritage food? (7 pts)
- 28. What are the 2 types of cooking from the South? (2 pts)
- 29. What four groups of people had the most influence over the Southwest? (4 pts)
- 30. What is sourdough and who introduced it? (2 pts)
- 31. Describe a luau/ (2 pts)
- 32. What kind of cooking did the Pennsylvania Dutch introduce? (2 pts)

PARTIES, PICNICS, and DINING OUT

- 33. What should be on a written invitation? (4 pts)
- 34. What does RSVP mean? (1 pt)
- 35. What is an appetizer meant to do? (1 pt)
- 36. What are the 3 ways to make coffee? (3 pts)
- 37. What are the 3 main types of tea? (3 pts)
- 38. How many minutes before you put your food on should you start the grill? (1 pt)