

IKM-Manning Family & Consumer Sciences Standards & Benchmarks

Up-dated April 2012, References: FCS National Standards

FAMILY LIVING

STANDARD 3: Integrate knowledge, skills, and practices required for careers in consumer services.

Benchmark: 3.3 Analyze factors in developing a long-term financial management plan.

Competencies:

3.3.2 Demonstrate components of a financial planning process that reflects the distinction between needs, wants, values, goals, and economic resources.

3.3.8 Analyze factors that influence establishing and maintaining a good credit rating and the effect of credit ratings on rates and terms for credit and insurance.

STANDARD 6: Evaluate the significance of family and its effects on the well being of individuals and society.

Benchmark: 6.2 evaluate the effects of diverse perspectives, needs, and characteristics of individuals and families.

Competencies:

6.2.1 Demonstrate awareness of multiple diversities and their effects on individuals, families, and society.

6.2.2 Analyze the effects of social and cultural diversity on individuals and families.

STANDARD 12: Analyze factors that influence human growth and development.

Benchmark: 12.1 Analyze principles of human growth and development across the life span.

Competencies:

12.1.1 Analyze physical, emotional, social, spiritual, and intellectual development.

12.1.2 Analyze interrelationships among physical, emotional, social and intellectual aspects of human growth and development.

STANDARD 13: Demonstrate respectful and caring relationships in the family, workplace, and community.

Benchmark: 13.3 Demonstrate communication skills that contribute to positive relationships.

Competencies:

13.3.1 Analyze communication styles and their effects on relationships.

13.3.7 Analyze the roles and functions of communication in family, work, and community settings.

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CHILD DEVELOPMENT

STANDARD 15: Evaluate the impact of parenting roles and responsibilities on strengthening the well being of individuals and families.

Benchmark: 15.2 Evaluate parenting practices that maximize human growth and development.

Competencies:

15.2.1 Choosing nurturing practices that support human growth and development.

Benchmark: 15.4 Analyze physical and emotional factors related to beginning the parenting process.

Competencies:

15.4.3 Analyze implications of alternatives to biological parenthood.

15.4.4 Analyze legal and ethical impacts of current and emerging technology on fertility and family planning.

Competency:

15.4.1 Analyze biological processes related to prenatal development, birth, and health of child and mother.

Competency:

15.4.2 Analyze the emotional factors of prenatal development and birth in relation to the health of the parents and child.

CHILD DEVELOPMENT PRACTICUM

STANDARD 7: Synthesize knowledge, skills, and practices required for careers in family and community services.

Benchmark: 7.3 Demonstrate professional behaviors, skills, and knowledge in providing family and community services.

Competencies:

7.3.1 Apply rules, regulations, and work site policies that affect employer, employee, participant, and family rights and responsibilities.

7.3.2 Demonstrate professional and ethical collaborative relationships with colleagues, support teams, participants, and families.

7.3.3 Maintain accurate and confidential documentation to be submitted in a timely manner to appropriate sources.

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FOODS I

STANDARD 8: Integrate knowledge, skills and practices required for careers in food preparation and services.

Benchmark: 8.2 Demonstrate food safety and sanitation procedures.

Competency:

8.2.7 Demonstrate safe food handling and preparation techniques that prevent cross contamination from potentially hazardous foods, between raw and ready-to-eat foods, and between animal and fish sources and other food products.

Benchmark: 8.5 Demonstrate professional food preparation methods and techniques for all menu categories to produce a variety of food products that meet customer needs.

Competencies:

8.5.1 Demonstrate professional skills in safe handling of knives, tools, and equipment.

8.5.4 Apply the fundamentals of time, temperature, and cooking methods to cooking, cooling, reheating, and holding of a variety of foods.

STANDARD 14: Demonstrate nutrition and wellness practices that enhance individual and family well-being.

Benchmark: 14.1 Analyze factors that influence nutrition and wellness practices across the life span.

Competencies:

14.1.1 Explain physical, emotional, social, psychological, and spiritual components of individual and family wellness.

14.1.3 Analyze the governmental, economic, and technological influences on food choices and practices.

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FOODS II

STANDARD 8: Integrate knowledge, skills, and practices required for careers in food production and services.

Benchmark: 8.2 Demonstrate food safety and sanitation procedures.

Competency:

8.2.1 Identify characteristics of major food borne pathogens, their role in causing illness, foods involved in outbreaks, and methods of prevention.

Competency:

8.2.6 Demonstrate proper purchasing, receiving, storage, and handling of both raw and prepared food. (grocery shopping/menu planning.)

Benchmark: 8.5 Demonstrate professional food preparation methods and techniques for all menu categories to produce a variety of food products that meet customer needs.

Competencies:

8.5.1 Demonstrate professional skills in safe handling of knives, tools, and equipment.

8.5.2 Demonstrate professional skills for a variety of cooking methods including roasting, broiling, smoking, grilling, sautéing, pan frying, deep frying, braising, stewing, poaching, steaming, and baking using professional equipment and current technologies.

STANDARD 14: Demonstrate nutrition and wellness practices that enhance individual and family well-being.

Benchmark: 14.3 evaluate various dietary guidelines in planning to meet nutrition and wellness needs.

Competencies:

14.3.1 Apply various dietary guidelines in planning to meet nutrition and wellness needs.

14.3.2 Design strategies that meet the health and nutrition requirements of individuals and families with special needs.

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HOME MANAGEMENT

STANDARD 11: Integrate knowledge, skills, and practices required for careers in housing and interior design.

Benchmark: 11.2 Evaluate housing and design concepts and theories, including green design, in relation to available resources and options.

Competencies:

11.2.1 Evaluate the use of elements and principles of design in housing and commercial and residential interiors.

11.2.3 Analyze the effects that the principles and elements of design have on aesthetics and function.

Benchmark: 11.3 Apply housing and interior design knowledge, skills and processes to meet specific design needs.

Competencies:

11.3.1 Analyze product information, including but not limited to floor coverings, wall coverings, textiles, window treatments, furniture, lighting fixtures, kitchen and bath fixtures and equipment.

11.3.6 Demonstrate design processes such as determining the scope of the project, programming, research, concept development, proposal, schematic design, design drawings, and design presentation development.

Benchmark: 11.7 Apply design knowledge, skills, processes and theories, and oral, written and visual presentation skills to communicate design ideas.

Competencies:

11.7.3 Prepare visual presentations including legends, keys, and schedules.

11.7.6 Create floor plans using architectural drafting skills.

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TEXTILE DESIGN

STANDARD 16: Integrate knowledge, skills, and practices required for careers in textiles and apparel.

Benchmark: 16.1 Analyze career paths within textile, apparel, and design industries.

Competencies:

16.1.1 Explain the roles and functions of individuals engaged in textiles, apparel, and design careers.

16.1.2 Analyze opportunities for employment and entrepreneurial endeavors.

Benchmark: 16.3 Demonstrate fashion, apparel and textile design skills.

Competencies:

16.3.1 Explain the ways in which fabric, texture, and pattern can affect visual appearance.

16.3.3 Utilize elements and principles of design, constructing, and/or altering textile, apparel, and fashion products.

Benchmark: 16.4 Demonstrate skills needed to produce, alter, or repair fashion, apparel and textile products.

Competencies:

16.4.3 Use appropriate industry products and materials for cleaning, pressing, and finishing textile, apparel, and fashion products.

16.4.5 Demonstrate basic skills for producing and altering textile products and apparel.

Competency:

16 IA Comp #2 Plan and evaluate clothing and accessory purchases to meet clothing needs on a budget.

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COMP FCS

STANDARD 8: Integrate knowledge, skills and practices required for careers in food preparation and services.

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Competency:

8.2.7 Demonstrate safe food handling and preparation techniques that prevent cross contamination from potentially hazardous foods, between raw and ready-to-eat foods, and between animal and fish sources and other food products.

STANDARD 15: Evaluate the impact of parenting roles and responsibilities on strengthening the well being of individuals and families.

Benchmark: 15.2 Evaluate parenting practices that maximize human growth and development.

Competencies:

15.2.1 Choosing nurturing practices that support human growth and development.

STANDARD 16: Integrate knowledge, skills, and practices required for careers in textiles and apparel.

Benchmark: 16.4 Demonstrate skills needed to produce, alter, or repair fashion, apparel and textile products.

Competencies:

16.4.3 Use appropriate industry products and materials for cleaning, pressing, and finishing textile, apparel, and fashion products.

16.4.5 Demonstrate basic skills for producing and altering textile products and apparel.

STANDARD 11: Integrate knowledge, skills, and practices required for careers in housing and interior design.

Benchmark: 11.2 Evaluate housing and design concepts and theories, including green design, in relation to available resources and options.

Competencies:

11.2.1 Evaluate the use of elements and principles of design in housing and commercial and residential interiors.

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CAREERS I

STANDARD 1: Integrate multiple life roles and responsibilities in family, work, and community settings.

Benchmark: 1.2 Demonstrate transferable and employability skills in school, community and workplace settings.

Competencies:

- 1.2.1 Analyze potential career choices to determine the knowledge, skills, and attitudes associated with each career.
- 1.2.2 Demonstrate job seeking and job keeping skills.
- 1.2.4 Demonstrate teamwork skills in school, community and workplace settings.
- 1.2.8 Demonstrate work ethics and professionalism.